















Autumn / Winter Menu Week 2

27th Oct, 17th Nov, 8th Dec, 19 Jan, 9 Feb, 2 & 23 March

Eativerse
A UNIVERSE OF FOOD AND DRINK

| WEEK TWO | FAVOURITES MONDAY | WORLD TUESDAY | ROAST WEDNESDAY | PIZZA PARTY THURSDAY | FISH FRIDAY |
|------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|
| Main Meal Option 1 | Pork Sausage & Mash with Gravy | Red Tractor Beef Pasta Bolognese & Garlic Bread  | Roast Gammon, Gravy, Yorkshire Pudding & Roast Potatoes | Wholemeal Margherita Pizza & Home-baked Potato Wedges  | MSC Battered Pollock & Chips |
| Main Meal Option 2 | Veggie Sausage & Mash with Gravy | Plant-based Pasta Bolognese & Garlic Bread  | Quorn Grill, Gravy, Stuffing & Roast Potatoes  | Macaroni Cheese | Cheesy Egg Muffins & Chips |
| Vegetables | Broccoli & Sweetcorn or Baked Beans  | Broccoli, Cauliflower & Carrots  | Seasonal Greens & Carrots  | British Red Tractor Garden Peas, or Sliced Carrots  | British Red Tractor Garden Peas, Baked Beans  |
| Baked Jacket Potatoes | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  |
| Dessert Years R-1 | Yoghurt & Fruit | Yoghurt & Fruit | Yoghurt & Fruit | Yoghurt & Fruit | Yoghurt & Fruit |
| Dessert Years 2-6 | Shortbread Pin Wheels & Fruit Slices | Chocolate Fudge Cake | Apple Crumble & Custard | Flapjack | Iced Sponge Cake with sprinkles |

Available Daily: Pick & Mix Selection, Salad & Fresh Bread

INSERT DATES

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.